NARRAGANSETT REGIONAL SCHOOL DISTRICT

ATHLETIC DEPARTMENT

Mark Miville, Athletic Director
978.939.5388 (front office)
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ATHLETIC PARENTAL CONSENT FORM

Consent Release From Liability and Indemnity Agreement

Year _____ Fall _____ Winter _____ Spring _____

I/We the undersigned (custodial father, mother, or guardian(s) are to sign for minors), as a condition of and for my use of the following School District facilities and/or programs and activities:
_____ (print parent/guardian name(s)), do hereby consent to my or said minor's/ward's use of said facilities and participation in voluntary athletic and other programs and activities, and do forever release, acquit, discharge, and covenant to hold harmless the School District, its successors, departments, officers, employees, servants, and agents, of and from any and all actions, causes of actions, claims, demands, damages, costs, loss of services, expenses, and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which I/We may now or hereafter have, and also all claims or rights of action for damages which I/We or said minor/ward has or hereafter may acquire, either before or after he/she has reached his/her majority resulting or to result from my and his/her use of School district facilities or participation in the School District's athletic and other programs and activities. FURTHERMORE, I/WE hereby agree to protect the School District and its successors, departments, offices, employees, servants, and agents against any claims for damages, compensation or otherwise on my/our part and on the part of said minor/ward growing out of or resulting from injury to said person's connection with the said use of facilities or participation in the School District's said programs and activities, and agree to INDEMNIFY, reimburse, or make good to the School district or its successors, departments, officers, employees, servants, and agents any loss or damages or costs, including attorney's fees, the School District, its representatives may have to pay if any litigation arises from my/our or the minor's ward's intentional, negligent, grossly negligent, or reckless acts or omissions while using said facilities or participating in said programs.

_____ _____ _____
Signature of Parent(s)/Guardian(s) Relationship Date

_____ _____
Signature of Student Date

NARRAGANSETT REGIONAL SCHOOL DISTRICT
ATHLETIC DEPARTMENT – *Pre-Participation Concussion Reporting Form*

Mark Miville, Athletic Director
mmiville@nrsd.org

This form should be completed by the student's parent(s) or legal guardian(s). It must be submitted to the Athletic director, or official designated by the school, prior to the start of each season a student plans to participate in an extracurricular athletic activity.

Student's Name:	Sex:	Date of Birth:	Grade:
School:		Sport(s):	
Home Address:		Telephone:	

Has the student ever experienced a traumatic head injury (a blow to the head)? _____Yes _____No

If yes, when? Dates (month/year): _____

Has the student ever received medical attention for a head injury? _____Yes _____No

If yes, when? Dates (month/year): _____

If yes, please describe the circumstances:

Was the student diagnosed with a concussion? _____Yes _____No

If yes, when? (Dates (month/year): _____

Duration of Symptoms (such as headache, difficulty concentrating, fatigue) for most recent concussion:

_____

_____	_____	_____
Parent/Guardian Name	Parent/Guardian Signature	Date
_____	_____	_____
Student Athlete Name	Student Athlete Signature	Date

NARRAGANSETT REGIONAL SCHOOL DISTRICT
ATHLETIC DEPARTMENT – *Pre-Participation Injury/Concussion Training*

Mark Miville, Athletic Director
mmiville@nrsd.org

Due to the dangers and high incidence of concussions in high school sports, the Commonwealth of Massachusetts recently passed a state law, 105 CMR 201.000. This law requires training of all coaches, school nurses, athletic directors, volunteers, school physicians, band directors, and trainers in the signs and symptoms of concussions, as well as treatment and graduated re-entry back into sports. **The law also requires that all parents and students complete one of the head safety training programs approved by the Department of Public Health, before a student may participate in extracurricular athletics. Marching bad is also considered an extracurricular athletic by the state law.**

Two free on-line courses are available and contain all the information required by the law. The first on-line course is available through the Center for Disease Control and Prevention at:

http://cdc.gov/Concussion

Click on the free on-line course for coaches. This video features a doctor and narrator from the Boston area. There is a certificate of completion at the end of the course that you will need to print.

The other course is available through the national Federation of High School Coaches. It can be found at:

http://www.nfhslearn.com

You will need to log in and give some information, then click on the 'GREAT FREE COURSE" and "order here." At the end of the course you will receive a certificate of completion to print.

If you do not have internet service, there is some written material that you will be required to read and sign that you understood.

Please sign below that you and your student have completed one of these courses and submit the certificate. ***This is required before any student may participate in any extracurricular practice or competition at Narragansett Regional High School and Narragansett Middle School***.

_____ _____
Parent/Guardian Name (please print) Date

_____
Parent/Guardian Signature

Sport_____ On-line Course_____ Written Instruction_____

_____ _____
Student Name (please print) Date

_____
Student Signature

Sport_____ On-line Course_____ Written Instruction_____

NARRAGANSETT REGIONAL SCHOOL DISTRICT

ATHLETIC DEPARTMENT

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NARRAGANSETT ATHLETIC TEAM RULES

1. You must attend practice every day that it is scheduled.

2. Be ready to practice on time, dressed, and ready at least 15 minutes prior to practice.

3. A player who misses a practice before a game will not start and will play only at the coach's discretion.

4. Student athletes who miss more than one practice or game due to a family vacation will have to make up the time lost before being fully reinstated. For example, five days lost equals five practices before being fully reinstated.

5. When sick, call or see your coach personally.

6. Arrange personal business before the season, after practice, or on off days, whenever possible.

7. You are required to return all equipment issued to you at the season's end.

8. Any show of poor sportsmanship will result in the immediate removal from the game by the coach; for example, swearing, arguing with officials or coaches, throwing equipment, or creating a dangerous situation.

9. Student athletes are required to ride the team bus to and from games. Parents may contact the coach in special situations if the athlete will be riding with an immediate family member.

10. Unexcused Absences:

    a. 1st missed practice – student athlete will talk with the coach and will not start the next game.
    b. 2nd missed practice – student athlete will talk with the coach and serve a one-game suspension.
    c. 3rd missed practice – student athlete will be removed from the team.

11. Chemical Health Rule: From the earliest fall practice date, to the conclusion of the academic year, or final athletic event (whichever is latest) a student shall not, regardless of the quantity use, consume, possess, buy/sell, or give away any:

    - Beverage containing alcohol
    - Product such as NA or Near Beer

- Tobacco products
- Marijuana
- Steroids
- Controlled substances

12A. This policy also includes attendance at gatherings and/or in vehicles where minors are in possession of and/or consuming alcohol or drugs.

12B. As long as NRSD policies are followed, it is not a violation for a student to be in possession of a defined drug specifically prescribed for the student's own use by his or her doctor.

12C. If a student in violation of this rule is unable to participate in interscholastic sports due to injury, academics, or otherwise, the penalty will not take effect until that student is able to participate again.

First Violation – When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student will lose eligibility for the next consecutive interscholastic contest totaling 25% of all the interscholastic contests in that sport. During the suspension time, the student athlete must participate in all practices, attend all games, and maintain a positive attitude. The suspension must be served regardless of the individual's action. For example, if the student athlete quits the sport he or she was suspended for, the suspension must be served in the next sport he or she chooses to participate in.

Second Violation – The student athlete shall lose eligibility for the next interscholastic contest totaling 60% of all the interscholastic contests in that sport.

Third Violation – The student athlete will be removed from the team.

PLEASE SIGN AND RETURN

Name: _____ has my permission to

play _____ at Narragansett.

We have read the rules, asked questions, if necessary, and are willing to abide by them.

_____ _____

Student Athlete Signature Date

_____ _____

Parent/Guardian Signature Date

Coaches will collect and hold onto these sign-off sheets for the entire season