

Keeping Our Children Safe

Depression and Risk in Children and Adolescents

A presentation by Larry Berkowitz and Joanna Hooper from Riverside Trauma Center for **parents and guardians** to learn:

- how you can support your children through difficult life experiences
- what the schools are doing for suicide prevention
- how you can get involved in community prevention activities

When: Wednesday May 9th at 6:00p.m.

Where: Kiva



Lawrence Berkowitz MPA, Ed.D. is the Director and co-founder of Riverside Trauma Center. A licensed Psychologist in Massachusetts, Dr. Berkowitz has specialties in working with children, adolescents and families. He trains extensively on prevention of escalating at risk behaviors, assessment and management of suicide, and postvention activities to address and contain at risk contagion behaviors in schools and communities. He has consulted with numerous groups throughout Massachusetts on trauma responses and clinical issues for the past 20 years, and leads a state-wide behavioral health trauma response network. He holds a Masters degree in Public Administration from Western New England College and a Doctorate of Education in Counseling and Consulting Psychology from Harvard University.

Joanna Hooper LICSW is the Clinical Services Director at Riverside Trauma Center. She has worked with youth, families, adults, and communities that have experienced trauma in a wide range of settings, including schools, shelters, drop-in centers, non-profit social service agencies, and private practices within the U.S. and abroad for more well over a decade. She has extensive experience working with survivors of child abuse, domestic violence, homelessness, substance abuse, and immigration-related traumas as well as consulting with schools and communities after suicide or other sudden loss. She holds an MSW from the University of Michigan with a concentration in Health and a Certificate in Traumatic Stress Studies from the Trauma Center at JRI.

Feeling lost, lonely, desperate?



**When it seems like there's
no hope, there is help.**

If you feel trapped...If you feel you have no one to turn to...If you've been feeling down for a while and you're not exactly sure why...

It's important to talk to someone. You can talk to someone right now by calling the Lifeline. Help is available at any time of the day or night—and it's completely free and confidential. We're here to listen and to help you find your way back to a happier, healthier life.

If you or someone you know is thinking about suicide,
call the National Suicide Prevention Lifeline:

1-800-273-TALK (8255)

With help comes hope.

**NATIONAL
SUICIDE
PREVENTION
LIFELINE™
1-800-273-TALK
www.suicidepreventionlifeline.org**



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